

PROJECT <u>Emergrille Warehouse</u>

DATE 11 February 1997

Geomatrix Consultants, Inc. 100 Pine Street, 10th Floor San Francisco, California 94111

Geomatrix Consultants



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1.0 PURPOSE

This site Health and Safety Plan outlines health and safety procedures that shall be followed during fieldwork conducted at the site. The observance and practice of the procedures in this Plan are mandatory for all Geomatrix employees at the site. All subcontractors shall be made aware of the requirements of this Plan; however, subcontractors are responsible for the health and safety of their own employees and for following all applicable federal, state, and local regulations.

This Plan has been reviewed by the Project Manager and Project Health and Safety Officer. Prior to entering the site, Geomatrix personnel shall read this Plan and be familiar with health and safety procedures required when working on site. A copy of the Plan shall be available on site for inspection and review.



2.0 ADMINISTRATIVE INFORMATION

| | — |
|---|-----|
| Project Name: Emery vi/le Warehouse Project Start Date: 14 February 1997 Project Number: 3095 Project Address: 1500 Fack Avenue | |
| Project Address: 1500 Park Avenue | |
| Emeryville, CA | |
| Client: Holliday Development Company Client Contact: Tack Holliday Telephone No.: (Work) (Home | |
| Client Contact: Tack Holliday | |
| Telephone No.:(Work)(Hom | ıe) |
| Project Manager: Tom Graf | |
| Telephone No.: (415) 434-9400 (Work) 415 - 331 - 2033 (Hom | ne) |
| | |
| Project Health & Safety Officer: Mary Sue Philp | |
| Telephone No.: (415) 434-9400 (Work)(Horn | ne) |
| Site Safety Officer: Their Page | |
| Telephone No.: (415) 434-9400 (Work) (707) 769 8388 (Horn | ne) |



3.0 PROJECT DESCRIPTION

| 3.1 | SITE HISTORY |
|---------------|---|
| | |
| | |
| 3.2 | SITE PHYSICAL DESCRIPTION |
| | Utalehouse occupies entire sit, in industrial to |
| | |
| 3.3 | TYPE OF INVESTIGATION Dill one soil boing using direct push technique. That groundwater sampling in boring. Femore one UST Do contect soil samples |
| | |
| 3.4 List a | SCOPE OF FIELD ACTIVITIES und number all field tasks for project: |
| | Du'll (push) soil boring Brab GW Sampling UST REmore of Sampling |
| 5. <u> </u> | |



4.0 PRIMARY RESPONSIBILITIES

4.1 PROJECT MANAGER

The Project Manager (PM) shall:

- 1. direct all Geomatrix personnel involved in investigative, monitoring, and remedial activities at the site and vicinity;
- 2. make the Project Health and Safety Officer aware of all pertinent project developments and plans;
- 3. make available the resources that are necessary for a safe working environment; and
- 4. maintain communications with the client, as necessary.

4.2 PROJECT HEALTH AND SAFETY OFFICER

The Project Health and Safety Officer (PHSO) shall:

- 1. direct all health and safety aspects of investigative, monitoring, and remedial activities conducted by Geomatrix personnel at the site and vicinity;
- ensure that all Geomatrix personnel have received required training, are aware of the
 potential hazards associated with site operations, have been instructed in the work
 practices necessary for personal health and safety, and are familiar with the site
 Health and Safety Plan's procedures for all scheduled activities and for dealing with
 emergencies;
- 3. direct required exposure monitoring to assess site health and safety conditions;
- 4. prepare any accident/incident reports;
- 5. modify the site Health and Safety Plan as required based on accidents/incidents and findings regarding personnel exposures and work practices; and
- 6. report all accidents/incidents and findings regarding personnel exposure and work practices to the Project Manager.



4.3 SITE SAFETY OFFICER

The Site Safety Officer (SSO) shall:

- ensure that appropriate personal protective equipment is available for Geomatrix site personnel and enforce proper utilization of personal protective equipment by all onsite Geomatrix personnel;
- 2. with guidance from the PHSO, observe subcontractor's procedures with respect to health and safety. If the SSO believes that a subcontractor's personnel are or may be exposed to an immediate health hazard, the SSO shall suspend the subcontractor's site work. If the subcontractor's personnel do not have required protective equipment, the SSO shall consult with the PM or PHSO before proceeding with the work;
- 3. implement the project Health and Safety Plan and report any observed deviations from site conditions anticipated in the Plan;
- 4. conduct site safety briefings as needed;
- 5. calibrate monitoring equipment daily and properly record and file results;
- 6. under direction of the PHSO, perform required exposure monitoring;
- 7. maintain monitoring equipment or arrange maintenance as necessary;
- 8. assume other duties as directed by the PM or PHSO; and
- 9. report observed accidents/incidents or inadequate work practices to the PHSO and the PM.

4.4 PROJECT PERSONNEL

Project personnel involved in on-site investigations and operations shall:

- take reasonable precautions to prevent injury to themselves and to their fellow employees;
- 2. perform only those tasks that they can do safely and immediately report accidents and/or unsafe conditions to the SSO or PHSO;
- 3. follow the procedures set forth in the site Health and Safety Plan and report to the SSO or PHSO any observed deviations from the procedures described in the Plan on the part of Geomatrix or subcontractor personnel; and



4. inform the PM and PHSO of any physical conditions that might affect their ability to perform the planned field tasks.

4.5 TRAINING REQUIREMENTS

All project personnel must be in compliance with OSHA regulations specified in 29 CFR 1910.120 and CCR Title 8, Section 5192. These include completion of a 40-hour health and safety training course, an annual 8-hour refresher training, and participation in Geomatrix Consultants' medical monitoring program and respiratory protection program.

Additional site-specific training that covers on-site hazards, personal protection requirements, decontamination procedures, and emergency response information as outlined in this site Health and Safety Plan will be given by the PHSO or SSO before beginning on-site work. Site-specific training briefings will be documented on a "Project Health and Safety Field Meeting Form" provided at the end of this Plan. We do not anticipate that field staff will be occupationally exposed to blood or potentially infectious materials during the course of this project.

4.6 MEDICAL SURVEILLANCE

All Geomatrix project site personnel shall participate in the Geomatrix medical monitoring program, which includes annual audiometric and physical examinations for employees involved in hazardous waste or materials projects. It requires that all such personnel have medical clearance before being issued a respirator and participating in field activities. Frequency of medical examinations complies with 29 CFR 1910.120(f3) and CCR 8 5192(f3) and is summarized as follows:

- 1. Prior to performing field work;
- 2. At least once every 12 months;
- 3. At termination of employment;
- 4. Upon occurrence of possible overexposure;
- 5. More frequently if deemed necessary by a physician.



5.0 HAZARD ASSESSMENT

An assessment of the potential hazards that may be encountered during field activities at the site are designated by field task in Table 5.0 and discussed below.

5.1 POTENTIAL CHEMICAL HAZARDS AT SITE

Listed below are hazardous substances that have been found or are suspected to be present at the site. Additional information on these chemicals, including their acute effects, are included in chemical information sheets attached at the end of this Plan.

| rdous Substances | s Known or Suspect at | Site: Up gradien | t site information li ROUTES OF |
|------------------|-----------------------|------------------|------------------------------------|
| CHEMICAL | MEDIA | CONCENTRATION | EXPOSURE |
| Cr | | 41,000 ug/s | deemel, ingestion |
| Cr+5 | | 44,000 ug/l | dumal, ingestion |
| TCE+ | groundwater | 300 m/l | |
| | | | |
| | | | |
| | | | |
| | | | |
| | - | | |

(Attach a chemical information sheet for all known or suspected hazardous substances listed.)

Air monitoring requirements and action levels related to potential chemical hazards at the site are discussed in Section 6.0.

TABLE 5.0
ANTICIPATED HAZARDS

| | | | | | | | | HAZ | ARDS | | | | | | | |
|---|----------|-----------|-----------------|-----------------------|----------------------|-------|-------------|-------------|---------|----------|-------------------|----------------|----------|------------|-----------|----------------|
| | | | PHYSICAL | | | | | | | | | | | | | |
| TASK | Chemical | Trip/Fall | Heavy Equipment | Underground Utilities | Overhead Power Lines | Noise | Heat Stress | Cold Stress | Sunburn | Drilling | Trench/Excavation | Confined Space | Traffic | Biological | Explosive | General Safety |
| | | X | X | X | Х | Х | | | | × | | | X | | | X |
| Grab GW Sampling | Χ | X | | | | | | _ | 1 | | | | X | | | X |
| DRITLING GRAD GW SAMPLING UST REMOVAL | X | X | X | χ | | X | | | | | X | | | | | X |
| | | | | | | | | | | | | | <u> </u> | | | |
| | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | |





5.2 POTENTIAL PHYSICAL HAZARDS AT SITE

Potential physical hazards include those indicated in Table 5.0 and are discussed below.

5.2.1 Underground Utility Hazards

An underground utility check shall be performed prior to initiating any subsurface investigation or work. The check will include:

| _X_ _x_ | USA Private L | | work begins. I | notified at least 2 working days before any subsurface Record confirmation number in project field notes. |
|------------|------------------|----------|----------------|---|
| | | eck. Fac | ility Contact: | |
| Addition | nal Inform | ation: _ | | |

5.2.2 Overhead Power Lines

Whenever possible, avoid working under overhead high voltage lines. The following are minimum clearances for overhead high voltage lines.

| Normal Volt (phase to phase) | _ | | | Minimum RequiredClearance (feet) |
|---------------------------------|---------|---|-----------|----------------------------------|
| more than | 750 | _ | 50,000 | 10 |
| more than | 50,000 | _ | 75,000 | 11 |
| more than | 75,000 | - | 125,000 | 13 |
| more than | 125,000 | - | 175,000 | 15 |
| more than | 250,000 | - | 379,000 | 21 |
| more than | 370,000 | - | 550,000 | 27 |
| more than | 550,000 | _ | 1.000.000 | 42 |

(Reference: CCR Title 8, Section 2946, Table II)



5.2.3 Noise Hazards

Wear hearing protection when working near large heavy equipment, such as drill rigs or earth movers, or in other noisy conditions. As a general rule, hearing protection should be worn when two people standing within 2 feet of each other cannot communicate at normal conversational voice levels.

5.2.4 Heat Stress Hazards

Heat stress is a major hazard, especially for workers wearing protective clothing. To avoid heat stress, drink plenty of fluids and take periodic work breaks.

The signs, symptoms, and treatment of heat stress include:

- Heat rash which may result from exposure to heat or humid air.
- Heat cramps are caused by heavy sweating with inadequate electrolyte replacement.
 Signs and symptoms include: muscle spasms and pain in the hands, feet, and abdomen.
 Persons experiencing these symptoms should rest in a cooler area, drink cool liquids (not cold) and gently massage cramped muscles.
- Heat exhaustion occurs from increased stress on various body organs including inadequate blood circulation due to cardiovascular insufficiency or dehydration. Signs and symptoms include: pale, cool, moist skin; heavy sweating; dizziness; nausea; and fainting. Persons experiencing these symptoms should lie down in a cooler area, drink cool liquids with electrolytes (Gatorade, etc.), remove any protective clothing, and cool body with wet compresses at forehead, back and neck, and/or armpits.
- Heát stroke is the more serious form of heat stress. Temperature regulation fails and the
 body temperature rises to critical levels. Immediate action must be taken to cool the body
 before serious injury and death occur. Competent medical help must be obtained. Signs
 and symptoms are: red, hot, usually dry skin; lack of or reduced perspiration; nausea;
 dizziness and confusion; strong, rapid pulse; and coma.

5.2.5 Cold Stress Hazards

Exposure to cold can cause the body's internal temperature to drop to a dangerously low level. This is called hypothermia. Exposure to temperatures below freezing can cause frostbite of hands, feet, and face.



Symptoms of hypothermia include:

- vague, slow, slurred speech;
- · forgetfulness, memory lapses;
- inability to use hands;
- frequent stumbling; and
- drowsiness.

To prevent hypothermia, stay dry and avoid exposure. Wear sufficient clothing in layers such that outer clothing is wind- and waterproof and inner layers retain warmth (wool or polypropylene). Keep hands and feet well protected at all times.

5.2.6 Sunburn Hazards

Skin exposure to ultraviolet radiation can result in sunburn. Use long-sleeved shirts, hats, and sunscreen to protect against sunburn.

5.2.7 Drilling Hazards

Drilling hazards include noise, heavy equipment operation, rotative/moving parts, and trip/fall hazards. Non-drilling personnel should stay away from the area around the borehole during drilling. Hardhats and safety glasses will be worn by all personnel within 30 feet of the raised mast of an operating drilling rig. All personnel will be instructed as to the location of the "kill switch" on the drilling rig.

5.2.8 Trench/Excavation Hazards

OSHA requires that in all excavations, workers exposed to potential cave-ins must be protected by sloping or benching the sides of the excavation, or placing a shield between the side of the excavation and the work area. Any excavation 4 feet deep or deeper must have adequate means of access/egress and must be tested by a competent person for oxygen deficiency or hazardous atmosphere before anyone enters. Entry into excavations/trenches 5 feet deep or deeper requires an OSHA permit and compliance with OSHA regulations for trenching and excavation.

During the work for this project, no one will enter trenches/excavations deeper than 4 feet. If soil is not inherently stable at this depth appropriate protective measures (sloping, shoring, etc.) will be used. Care will be taken when sampling the excavation area from above to be sure the ground is stable and not undercut.



NOTE: If entry into trenches/excavations over 4 feet deep is required, contact PHSO prior to entry.

| 5.2.9 | Confined Space |
|-------------|--|
| | Trope. No GEOMATRIX EMPLOYEES TO ENTER |
| | |
| | EXCAVATIONS |
| | |
| (Atta | h confined space entry plan.) |
| | |
| | |
| | Traffic Hazards |
| | ork area will be surrounded by |
| _0 | nes if required. |
| | |
| | |
| | |
| | |
| 5.2.1 | Biohazards |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| 5.2.1 | Other Hazards |
| | |
| | |
| | |
| | |
| | |



5.3 GENERAL SAFETY HAZARDS

In working with or around any hazardous or potentially hazardous substances or situations, site personnel should plan all activities before starting any task. Site personnel shall identify health and safety hazards involved with the work planned and consult with the PHSO or SSO as to how the task can be performed in the safest manner, if he/she has any uncertainties.

Common safety hazards include trip/fall hazards and those associated with working around heavy equipment. All field personnel will adhere to the following general safety rules.

- 1. Wear protective equipment and clothing provided, when required.
- 2. Wear a hardhat and safety glasses in all construction areas and during drilling activities.
- 3. Wear sturdy work boots or shoes at the site. Steel-toed boots are required during drilling activities.
- 4. Do not eat, drink, or use tobacco in restricted work areas.
- 5. Prevent splashing of materials containing chemicals.
- 6. Prevent back injury by never lifting or carrying a load that is heavier than you can comfortably handle. When lifting heavy objects, bend the knees and use the leg muscles.
- 7. Keep all heat sources away from combustible liquids, gases, or any flammable materials. When working in areas where combustible gases are present, use only intrinsically safe equipment (non-sparking).
- 8. Field personnel shall be familiar with the physical characteristics of investigations, including:
 - Wind direction in relation to restricted work areas
 - Accessibility of other personnel, equipment, and vehicles
 - Areas of known or suspected chemicals in soil and groundwater
 - Site access
 - Nearest water sources
 - Location of communication devices.
- 9. Personnel and equipment in restricted work areas should be limited to the number necessary to perform the task at hand.



- 10. All wastes generated during investigative activities at the site shall be disposed of as directed by the PM.
- 11. Inspect power cords for damage such as cuts and frays. Suspend cords with nylon rope or plastic ties only.
- 12. When in doubt of your safety, it is better to overprotect.
- 13. Practice defensive driving.
- 14. If site activities include the use of a drilling rig, all on-site personnel should know the location of the "kill switch."
- 15. A first-aid kit and a type ABC fire extinguisher shall be kept at the site and/or in a field vehicle when performing field work.



6.0 AIR MONITORING

| The following air monitoring equipment | nt will be used. | |
|--|---|------------------------------|
| Photoionization Detector (PID) Flame Ionization Detector (FID) Draeger Pump and Tubes (specify Combustible Gas Meter (CGM) Oxygen Meter (O2) Dust (Particle) Meter Other (specify) | y tubes) (BEFORE UST | REMOVAL) |
| The type and frequency of air monitori instruments will be calibrated and main Calibration information and air monitorial control of the cont | ntained according to manu | facturer's specifications. |
| TASK | INSTRUMENT | FREQUENCY |
| 1. UST REMOVAL | CGM | BEFORE PEMOUAL |
| 2 | | |
| 3 | | |
| 4 | | |
| 6.1 ACTION LEVELS Listed below are OSHA permissible ex | vnosura limits (PEI s) and | ACGIH recommended threshold |
| limit values (TLVs) for the chemicals | - · · · · · · · · · · · · · · · · · · · | ACGITI recommended intestion |
| CHEMICAL | OSHA PEL | ACGIH TLV |
| | | |
| | | |
| | | |
| | | |



| The following chemicals found on site are listed considered "chemicals known to the State to cau | under CCR Title 26 Section 22-12000 and are se cancer or reproductive toxicity": |
|---|--|
| Respirators shall be worn when air monitoring is action levels: | ndicates that concentrations exceed the following |
| Wear respirator if PID reads ≥ ppm (sus | tained reading in the breathing zone) |
| Stop work if PID reads ≥ ppm (sustained | d reading in the breathing zone) |
| An explosion hazard shall be assumed to exist we call exceed their respective lower explosion level | |
| CHEMICAL | LEL |
| | |
| | |
| Stop work and notify the PM or PHSO if Comb | ustible Gas Meter reads ≥10% LEL. |
| Evacuate area and notify appropriate emergency LEL. | services if Combustible Gas Meter reads ≥ 25% |



7.0 PERSONAL PROTECTIVE EQUIPMENT

The following personal protective equipment (PPE) will be used as specified below.

| PPE Required | Task 1 | Task 2 | Task 3 | Task 4 | Task 5 | Task 6 |
|---|----------|---------|--------|--------|--------|--------|
| Describe Task | Drilling | Sanding | UST | | | |
| Steel-Toed Boots (Rubber) | 7 | 1 | | | | |
| Steel-Toed Boots (Leather) | X | × | Χ | | | |
| Hard Hat | X | | χ | | | |
| Safety Glasses/Goggles | X | X | χ | | | |
| Ear Plugs | X | | X | | | |
| Gloves (specify type): Inner and Outer | | | | | | |
| Inner Only | X | × | V | | | |
| Tyvek Coverall | | | | | | |
| Saranex Coverall | | | | | | |
| Half-Face Respirator | | | | | | |
| Full-Face Respirator | | | | | | |
| Respirator Cartridge (specify type): | | | | | | |
| Orange Vests | X | X | X | | | |
| Other (specify) | | | | | | |

Key: X = PPE Required

Av = Have available at work site

Glove Types = Nitrile, Vinyl, Neoprene, Butyl

Cartridge Types = Organic Vapor (OV)
HEPA Filter (HEPA)
Combination OV and HEPA (Comb.)
Other - specify



8.0 SITE CONTROL

The purpose of site control is to minimize the potential exposure to site hazards, to prevent vandalism at the site, and to provide adequate facilities for workers. Work area controls and decontamination areas will be provided to limit the potential for chemical exposure associated with site activities.

8.1 WORK AREA

An exclusion zone will be set up immediately surrounding the site work areas. Only authorized personnel shall be permitted access to the exclusion zone. If practical, the exclusion zone will be cordoned with barriers, cones, or fencing to limit unauthorized access. No eating, drinking, or smoking shall be allowed in the exclusion zone.

8.2 DECONTAMINATION AREAS

Equipment and personnel decontamination areas will be set up adjacent to the work exclusion zones. All equipment and tools used during work activities shall be decontaminated in the designated decontamination area. Decontamination procedures are described in Section 9.0 of this Plan.

8.3 COMMUNICATIONS

| A field re | presentative should contact the pro | oject manager or office at least once a day while in |
|------------|-------------------------------------|--|
| the field. | The closest telephone is located: | field phone (portable) will |
| be | available. | |



9.0 DECONTAMINATION

9.1 PERSONNEL DECONTAMINATION PROCEDURES

Remove disposable gloves and clothing and place in plastic bags. Wash hands and face before eating, drinking, or smoking and at the end of the work day.

| | 9.2 | EQUIPMENT/SAMPLING GEAR DECONTAMINATION PROCEDURES |
|------|----------|--|
| | | Alconox Jueater wash or steam dean |
| | | |
| | | |
| | - | |
| | | |
| | 9.3 | STORAGE OF INVESTIGATION-DERIVED MATERIALS |
| | | tigation-derived materials (PPE/expendables, decon waste, soil cuttings, purged ground, etc.) will be handled and stored as follows: |
| ASK | 18 Z | no soil or water wask is expetted to be generated flores will be disposed of as municipal trash. |
| | | Sloves will be disposed of as municipal track. |
| TASK | <u>3</u> | EXCAVATED SOIL TO BE STOCKPILED AND DISPOSED OF |
| | | PROPERLY |
| | | |



10.0 EMERGENCY RESPONSE

In the event of an accident or emergency condition, the procedures specified below shall be followed.

10.1 MEDICAL EMERGENCIES

In the event of a medical emergency, the following procedures should be used:

- 1. Remove injured or exposed person(s) from immediate danger if possible.
- 2. Evacuate other on-site personnel to a safe place in an upwind direction until it is safe for work to resume.
- 3. If serious injury or life-threatening condition exists, call

911 - Paramedics, fire department, police Hospital emergency room

Clearly describe location, injury and conditions to dispatcher/hospital. Designate a person to direct emergency equipment to the injured person(s).

- 4. Provide first aid if necessary. Remove contaminated clothing only if this can be done without endangering the injured person.
- 5. Call the project manager and/or health and safety officer.
- 6. Immediately implement steps to prevent reoccurrence of the accident.

A map of the nearest hospital location is attached to this Plan.

| Hospital | Alta Bates | |
|-------------------|----------------------------------|-------------|
| Address | 2450 Ashby Avenue | |
| Telephone | (510) 204-4444 | |
| Nearest Poison Co | ntrol Center Telephone: | |
| Other emergency | notifications and phone numbers: | |
| | | |
| | | |
| | | |
| | | |

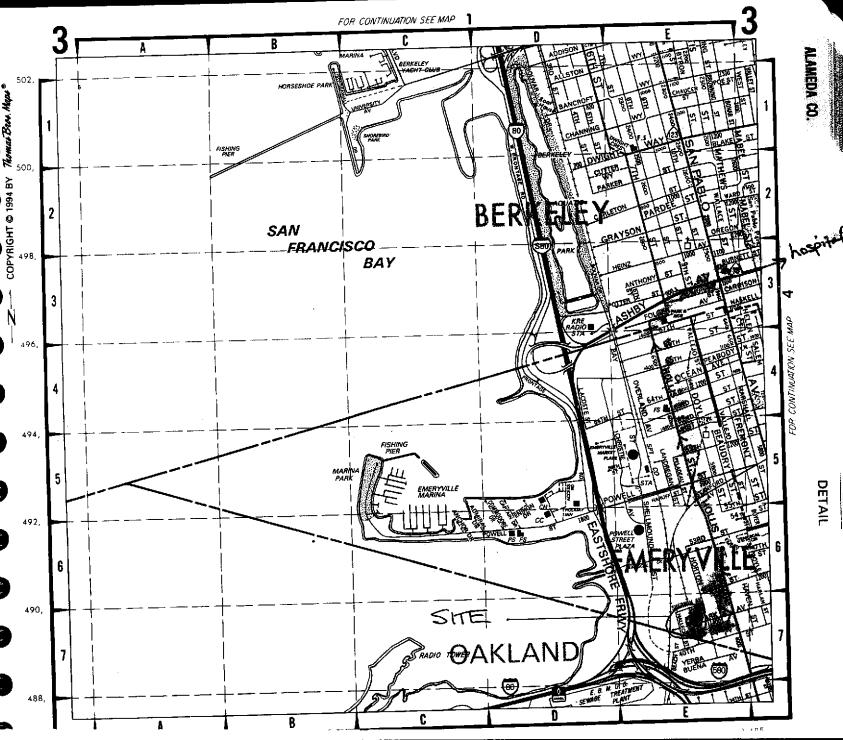


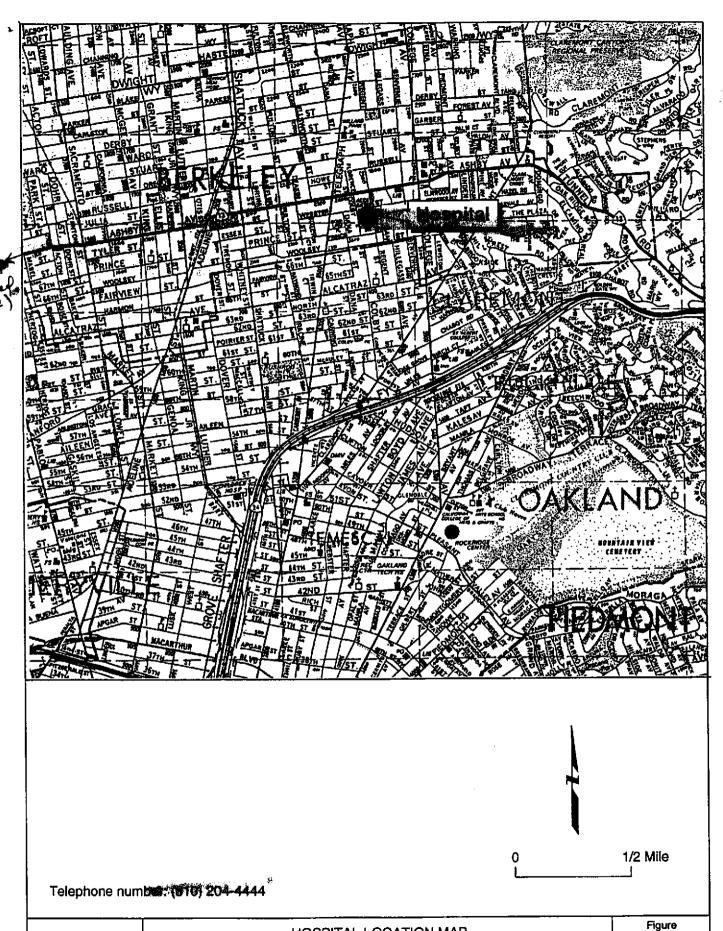
10.2 ACCIDENTAL RELEASE OF HAZARDOUS MATERIALS OR WASTES

- 1. Evacuate all on-site personnel to a safe place in an upwind direction until the PM or PHSO determines that it is safe for work to resume.
- 2. Immediately instruct a designated person to contact the PM or PHSO.
- 3. Contain spill, if it is possible and it can be done safely.
- 4. Initiate cleanup.

10.3 GENERAL EMERGENCIES

In the case of fire, flood, explosion, or other hazard, work shall be halted and the local police/ fire department shall be notified by calling 911. All on-site personnel will be immediately evacuated to a safe place.





HOSPITAL LOCATION MAP Alta Bates - Herrick Hospital 2450 Ashby Avenue Berkeley, California

Project No. 3095



11.0 APPROVALS

| Say lik | 2/11/97 | |
|---------------------------------|------------|--|
| Project Manager | Date | |
| | | |
| Project Health & Safety Officer | Date | |
| Chai Page | 2/11/97 | |
| Site Safety Officer | Date S/S/3 | |

11.0 APPROVALS

| Project Manager | Date | |
|---------------------------------|---------|--|
| Project Health & Safety Officer | 2/11/97 | |
| Project\Health & Safety Officer | Date ' | |
| Chai Fage | 2/11/97 | |
| Site Safety Officer 0 | Date ' | |